

# **Annex A: The Programme**

## **Aims and objectives**

The Grant will support One Voice Wales to appoint an individual who will be required to be the primary contact for all 735 Community and Town Councils on community Cardiopulmonary Resuscitation (CPR) and Defibrillator activity for One Voice Wales including:

- Supporting Community and Town Councils across Wales with regard to the current CPR training and defibrillation resource.
- Working in collaboration with Save a Life Cymru (SaLC) to develop a local strategic plan to ensure all defibrillators in the area are available 24/7, rescue ready and registered with the National Defibrillator Network (The Circuit).
- Liaising with SaLC and its partners as required, identifying and writing up case studies and monitoring reports for the benefit of Community and Town Councils across Wales

## **Activities and deliverables**

- Maximise the involvement of Community and Town Councils in initiatives to improve the chance of survival of individuals who experience an Out of Hospital Cardiac Arrest (OHCA).
- Support the Community and Town Councils to create a cultural change within local communities, such that the public understand the need to help anyone experiencing a cardiac arrest.
- Support the Community and Town Councils in:
  - Promoting the aims of SaLC.
  - Encouraging collaboration between Community and Town Councils and other organisations.
  - Working in partnership with SaLC to plan, refine and evaluate current and future resources and services.
  - Working collaboratively with SaLC Community CPR / defibrillator officers.
  - Supporting Community and Town Councils to identify all defibrillators in the community to ensure that each has a

- named guardian and is registered with the Welsh Ambulance Services NHS Trust (WAST).
  - Motivating and empowering the Community and Town Councils to get involved in promoting CPR activities and direct people to relevant training and services.
  - Sharing information and signposting individuals and groups to SaLC partners for training in CPR.
- To bring good governance to the management of CPR training and defibrillators within the Community and Town Councils and to report on progress to SaLC, WAST and Welsh Government where applicable.
- Transform action to influence behaviour and investment decisions by Community and Town Councils to ensure they create a culture of helping in an emergency; provide evidence that projects have developed CPR and defibrillator resources and skills within local communities where people live, work and access public places, and to ensure that all projects:
  - Adhere to the do no harm principle.
  - Have specialist advice and consult with SaLC when required.
  - Provide consistent and agreed data, monthly to SaLC.
  - Collate and monitor data by projects for SaLC.
  - Produce end of year summary reports for all projects.
  - Participate in a scheme-wide evaluation.
  - Create case studies of successful projects to demonstrate how communities have embraced the call to help.

## **Outputs**

It is recognised that the outputs will aim to strive to get all 735 Councils engaged in the Save a Life Cymru programme. Accepting that 100% take-up could be out of the hands of the post holder.

- Getting each of the 735 Community and Town Councils to watch, provide a link on their website and share the Save a Life Cymru training video on: <https://gov.wales/save-a-life-cymru>
- Establishing a Community Champion role for CPR and defibrillators in each of the 735 community and town councils
- Holding at least one Cardiopulmonary Resuscitation (CPR) and defibrillator training sessions during the year in each community or town council area for each of the two years the One Voice Wales Community CPR and Defibrillator Manager exists.

- Each of the Community or Town Councils purchasing and installing a Public Access Defibrillator or a number of defibrillators depending on the size of your community – one defib might not be sufficient for some communities or agreeing to take on the maintenance and support of an existing Public Access Defibrillator in their community area.
- Each community and town council creating regular public announcements for their community on CPR training opportunities.
- Establishing a detailed knowledge of the defibrillators that exist within each of the 735 Community and Town Council area and ensuring they are all brought up to useable standard and are registered on The Circuit at the end of the grant programme.